

# 1<sup>st</sup> ANNUAL STOW GOBBLER 5K

**Thanksgiving, 22 Nov 2007**

Time: 8:00 AM

Place: BOSE Corporation, 688 Great Road, Stow, MA 01775

Registration by mail:

1. Go to Stow Recreation website, click on Stow Gobbler 5K link
2. Download registration form
3. Mail to: Stow Gobbler 5K, 279 Hudson Road, Stow, Ma 01775

Or day-of race registration at 7:00 AM

Distance: 5K Run/Fun Walk

Entry Fee:

- 5K Run: \$20
- 5K Walk: \$20
- Children 12 and Under: \$5

Age Group Awards:

- Top overall male & female finisher
- Top 3 male & female finishers age groups: 0-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 plus

Amenities:

- Post-race awards and refreshments under tent
- T-shirts: T-shirts for all who pre-register

Sponsors:

ET&L Corp., Facilis Technology, Inc., Al's Jons, Embroidery & More, Global Fitness, Hudson Road Auto, Radant Corp., Ye Olde Beef n' Ale, Stow Acres Country Club, Stow Gardens, Stow Recreation

Directions:

- Mapquest 688 Great Road (Rt. 117), Stow, MA
- Turn into main BOSE driveway at light. Follow 5K parking signs

Additional Info:

- Proceeds benefit Habitat For Humanity and Stow Community Chest
- USA Track and Field sanctioned and certified MA07015JK

**Mail-in Registration Form**  
**Stow Gobbler 5K**  
**Thanksgiving Day, 22 November 2007**

USA Track and Field Sanctioned  
USA Track and Field Certified MA07015JK

**Make checks payable to:**  
Stow Recreation

**Mail entry form to:**  
Stow Gobbler 5K  
279 Hudson Road  
Stow, MA 01775

FILL OUT THIS FORM< PRINT IT< SIGN IT< MAIL IT  
One person per form

NAME:			
Address:			
City, State, Zip:			
Daytime phone:			
Date of birth:			
E-mail:			
Age on race date:			
Circle your gender:	Male	Female	
Circle your event:	5K Run	5K Walk	
Circle T-shirt:	S	M	L      XL
<b>Waiver must be read and signed before mailing:</b>			
<p>I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, forever waive and release the event, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. <b>All fees are nonrefundable.</b></p>			
Signature_____ Date_____			
Parent's signature if under 18_____			

Questions? Call Laura Greenough at Stow Rec. 978-461-1411 or Nick/Alex Papanastassiou at 978-562-4165.